



**Bread, Wine and Language**  
One week-program

20 hrs/week group course + cooking class and dinner, olive oil tasting, wine tastings and wine trip.

Lucca



the program includes:

- assessment test
- language lessons
- 3 meals
- olive oil tasting
- 2 wine tastings
- 1 cookery class
- 1 city tour
- 1 excursion

1 week-program €560

special price for one additional week: Italian Language and Culture €150



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**Monday**

8.30 We start with a short language exercise to ensure you join the most appropriate language class for your level of knowledge and experience.

16:00 at the school. A brief explanation of our programme of activities.

16.30 A Taste of Lucca. A food and wine lovers' walking tour of the town.

**Tuesday**

**The enjoyment of food.** A cooking class based on the rich seasonal variety of Tuscan cuisine. We prepare and taste traditional dishes based on local ingredients. Dinner.

**Wednesday – The pleasures of wine. Using the senses: Look, smell, taste - enjoy!**

During the Wine Tasting you will compare contrast and discover wines, improve your tasting skills and take home practical tips for wine and Food Matching.

**Thursday – A landscape of vineyards and olive trees**

During our visit to this beautiful wine producing area, we follow the fascinating process of how wine is made from vineyard to glass and explore the art and science of grape growing and winemaking. We enjoy a comparative tasting of both red and white wines.

**Friday – Understanding Extra virgin Olive Oil**

The land and soil, the processing, the varieties of olives,...fresh, flavor: clean with herbaceous notes, fruity aroma and a bitter, slight pungent flavor... How to choose olive oil, the cornerstone of the Italian diet and how to taste it properly.

We will taste samples and learn to recognize its sensory attributes. Enjoying extra virgin olive oil with food.

We round off the evening with **dinner in a restaurant** where we enjoy a tasting menu of perfectly matched speciality food and wines.

Lucca: Mar 18 – Apr 01, Apr 15 – May 27 – June 10 – July 08 – Aug 5 – Sept 02 – Sept 16 – Sept 30, Oct 14, 2019

Public Holidays and closure days: Jan 6 – Apr 21, 22, 25 – May 1 – Jun 24 (Florence only) – Aug 15 – Oct 4 (Bologna only) – Nov 1 – Dec 8 – Christmas holidays in Lucca: Dec 21 2019 – Jan 12 2020 / Christmas holiday in Florence and Bologna: Dec 21 – Jan, 6 2020 – Bologna is closed from Aug. 12 to Aug. 16, 2019