

20 hrs/week group course in the morning + cooking class and dinner, olive oil tasting, wine tastings and wine trip.

Lucca



The program includes: Assessment test, language lessons, 3 meals, 1 olive oil tasting, 2 wine tastings, 1 cookery class, 1 city tour, 1 excursion.

1 week-program €560,
special price for one additional week: Italian Language and Culture €150

Monday – 8.45 assessment test and first language lesson. 17.00 at school, a brief explanation of our program of activities. 17.30 A Taste of Lucca. A food and wine lovers' walking tour of the town, introducing not only the historical centre within the city walls but also the traditional ingredients and specialties of the area and the individual specialist food and wine shops that still flourish in town.

Tuesday – 16.30 **Understanding Olive Oil.** Unique path between the different varieties of olives, the techniques of production, harvesting and tasting. A certified "Master of Oil" will teach you how to recognize, choose and properly match foods with different types of oil.

Wednesday – 16.30 **The enjoyment of food: flavours, textures, techniques.** A cooking class based on the rich seasonal variety of Tuscan cuisine. We prepare and taste traditional dishes based on local ingredients. Dinner.

Thursday – 16.30 **The pleasures of wine. Using the senses: look, smell, taste - enjoy!** Interpreting the information on the label to learn how to taste wine through the three senses. First, we appreciate the colour and consistency of the wine in the glass, then we savour the fragrance in all its complexity. Finally, we taste it, exploring its flavour. During our guided tasting we will have the opportunity to fully employ these techniques.

Friday – 16.30 A landscape of wine grapes and olive trees. The hills above Lucca are home to the noted Colline Lucchesi DOC wines. During our visit to this beautiful wine producing area, we follow the fascinating process of wine production from vineyard to glass and explore the art and science of grape growing and winemaking. We enjoy a comparative tasting of both red and white wines. We round off the evening with a dinner in a restaurant where we enjoy a tasting menu of perfectly matched specialty food and wines.



Lucca: Mar. 26 – Apr. 09 – May 7, - May 21 – June 04 - June 18 – July 16 – Aug 27 – Sept. 10 - Sept 24– Oct. 8 - Oct. 22, 2018

Public Holidays and closure days: Apr. 2, 25 – May 1 – Aug. 15 – Oct. 4 (Bologna only) – Nov. 1
Christmas holiday in Florence and Bologna: Dec. 22 2018 – Jan. 6 2019 / Christmas holiday in Lucca: Dec.
22 2018 – Jan. 13 2019 — Bologna is closed from Aug. 13 to Aug. 17, 2018